Weight Management Tier 2 Referral Process

Health Professional

- Does individual fit referral criteria? (NO) → NO
- Is individual ready and motivated to make lifestyle changes? (YES) → YES
- Referral form completed and signed by both individual and health professional. Form sent to referral hub
- Advice and information on healthy lifestyles

Referral HUB

- Referral hub processes the form and contacts individual.
- Is individual still motivated, committed and able to take part? (NO) → NO
- Weight management group decided and individual provided with voucher pack
- Attendance of individual confirmed with group leader

Weight Watchers

- Inform hub that the patient has registered
- Induction into Weight Management Programme
- Has Individual attended first designated week? (NO) → Weekly DNA Report sent to Hub to allow follow-up
- Weekly Reports
- Monthly Report to Hub/NHS Dorset (YES)