

Management of COPD

Risk Airflow limitation	CATEGORY C Few Symptoms and high risk of exacerbations	CATEGORY D Many symptoms & high risk of exacerbations	Risk Exacerbation history
	Gold 4	Stop Smoking Flu and Pneumonia vaccination Increase or maintain activity Consider specialist referral	
Gold 3	LAMA/ Long-acting β ₂ -agonists as a combination inhaler	Consider Inhaled Cortico Steroid/ Long-acting β ₂ -agonists + Long acting anticholinergic	
Refer to Inhaler Guidance			
Gold 2	CATEGORY A Few symptoms & low risk of exacerbations	CATEGORY B More significant symptoms & low risk of exacerbations	1 (not leading to hospital admission) Or 0
	Gold 1	Stop Smoking Flu and Pneumonia vaccination Increase or maintain activity Short-acting β ₂ -agonists or Long acting anticholinergic and Short-acting β ₂ -agonists	
Low level of symptoms (CAT <10 & MRC 0-1)		Higher level of symptoms (CAT ≥10, MRC ≥2)	